Here is my all the 3 links
Instagram
https://instagram.com/the_wayofyoga?utm_source=qr&igshid=NGExMmI2YTkyZg%3D%3D
(@the_wayofyoga) Nikita Singh sendhav
YouTube
https://youtube.com/@yogadotcom
(Yogadotcom Nikita Singh sendhav)
Website
https://www.yognikyogshala.com/